

S T E L L A ' S

BREAKFAST AT STELLA'S

We serve breakfast all day

MEXICAN BREAKFAST | \$8.95

Soft corn tortillas with refried beans, sunny side eggs, cheddar cheese, green onions & tomato. Served with salsa, guacamole, cilantro sauce & hash browns. Stella's favourite!

SMOKED SALMON BREAKFAST | \$10.95

Two scrambled eggs, smoked salmon, green onions, capers & cream cheese. Served with hash browns, sourdough toast & Stella's jam.

BREAKFAST SANDWICH | \$8.45

Two fried eggs, ham or bacon, tomato, mayo & cheddar cheese on toasted multigrain. Served with hash browns.

VEGGIE BREAKFAST SANDWICH | \$8.45

Two fried eggs, sautéed spinach & mushrooms with tomato, mayo & cheddar cheese on toasted rye. Served with hash browns.

BUTTERMILK PANCAKES | \$7.55

Four golden buttermilk pancakes served with butter & syrup.

BANANA OR BLUEBERRY PANCAKES | \$9.50

Four buttermilk pancakes with wild blueberries or bananas. Served with butter & syrup.

PANCAKE BREAKFAST | \$7.95

Two eggs cooked any style, two golden buttermilk pancakes, & your choice of ham, bacon, sausage or Stella's veggie breakfast patties.

FRENCH TOAST | \$7.55

Four pieces of brioche dipped in cinnamon & egg and grilled to golden. Served with butter & syrup.

WAFFLE | \$5.45

A traditional Norwegian sweet treat for breakfast or dessert! Topped with berry sauce and whipped cream or ice cream.

OMELETTES *Served with hash browns, toast & Stella's jam*

FARMER'S | \$8.95

Mushrooms, tomatoes, green onions & cheddar.

BACON & CHEDDAR | \$9.55

Bacon, tomato & cheddar cheese.

FRENCH COUNTRY | \$9.55

Grilled ham, mushrooms, green onions, herbs & Swiss cheese.

VEGETABLE | \$8.95

Sautéed spinach, tomatoes, mushrooms & cheddar.

MUSHROOM & SWISS | \$8.95

Sautéed mushrooms & Swiss cheese.

MEDITERRANEAN | \$8.95

Tomato, spinach, red pepper & feta cheese.

CAFÉ FAVOURITES *Add buttermilk pancakes | two \$3.95*

CAFÉ BREAKFAST | \$7.75

Two eggs cooked any style, ham, bacon or sausage, hash browns, toast & Stella's jam.

VEGGIE CAFÉ | \$7.75

Two eggs cooked any style, three perfectly seasoned Stella's veggie breakfast patties, hash browns, toast & jam.

GRAND CAFÉ | \$11.50

Three eggs cooked any style with ham, bacon, and sausage. Served with hash browns, toast & Stella's jam.

BAKED EGGS | \$8.95

Two eggs & diced ham baked with cheddar cheese and topped with salsa. Served with hash browns, toast & jam.

VEGGIE BAKED EGGS | \$8.95

Two eggs, spinach, mushrooms, & tomatoes baked with cheddar cheese and topped with salsa. Served with hash browns, toast & jam.

SIMPLY SCRAMBLED | \$5.95 | Add cheddar cheese \$1.25

Three scrambled eggs served with toast & Stella's jam.

OATMEAL | \$5.25 | Add sliced banana & raisins \$1.00

Slow cooked oats served hot & steamy with butter, brown sugar & milk.

FRESH FRUIT PARFAIT | \$6.75 | Add a Stella's Breakfast Muffin or Toast & Jam \$1.95

Fresh seasonal fruit topped with vanilla yogurt & crunchy almond granola.

STELLA'S SMOOTHIE | \$4.25

Blueberries, banana, strawberries, peach, orange juice, honey & yogurt.

SIDE ORDERS

Raisin Toast \$2.95 | Fruit Muffins \$1.95 | Two Eggs & Toast \$4.95 | Stella's Breakfast Muffin \$2.75 | Toast & Jam \$2.75

Buttermilk Scones \$1.95 | Fruit Cup \$3.25 | Cinnamon Bun \$2.45 / Grilled \$2.95

SOUPS & SALADS *Served with buttered bread*

SOUP OF THE DAY | \$5.95 / \$3.95

Healthy gourmet soup prepared using the freshest ingredients.

SOUP & SALAD COMBO | \$7.95

Small bowl of gourmet soup with your choice of a caesar salad, spinach salad or Stella's house salad.

SALAD WITH GRILLED CHICKEN | \$11.35 / \$9.35

Your choice of caesar, spinach or house salad topped with a grilled marinated chicken breast.

HOUSE SALAD | \$7.95 / \$5.95

Romaine lettuce, sweet red cabbage, grated carrot & red onion tossed in Stella's savoury house dressing. Topped with toasted sunflower seeds.

SPINACH SALAD | \$8.50 / \$6.50

Crisp spinach leaves, toasted almonds & orange slices with a tangy chutney dressing.

CAESAR SALAD | \$7.95 / \$5.95

Crisp romaine lettuce tossed in creamy garlic dressing with croutons and grated parmesan cheese.

ARUGULA SALAD | \$9.25 / \$7.25

Tender green peas, sugar snap peas, radish, feta cheese, green onions & fresh arugula tossed in honey vinaigrette.

ARUGULA SALAD WITH GRILLED CHICKEN | \$12.25 / \$10.25

SANDWICHES *Served with caesar salad, house salad, potato salad or soup*

VEGETARIAN | \$8.50

Stella's spicy hummus, cream cheese, tomato, alfalfa sprouts & cucumber on rosemary focaccia.

TOASTED TUNA | \$8.50

Tuna blended with fresh celery, green onion, mayo, dijon & dill pickle on toasted sourdough bread with lettuce & tomato.

PROVOLONE ROAST CHICKEN SANDWICH | \$9.95

Oven roasted chicken, provolone cheese, cucumber, lettuce, tomato & remoulade sauce.

EGG SALAD | \$7.95

A little lettuce & a lot of filling.

ROAST CHICKEN | \$9.25

Oven roasted chicken, cranberry sauce, mayo & lettuce.

STELLA'S CLUB | \$9.95

Crisp bacon, oven roasted chicken, cheddar cheese, lettuce, tomato & mayo.

SMOKED SALMON | \$9.95

Smoked salmon, cream cheese, capers, lettuce & a squeeze of lemon.

GRAVLAX SANDWICH | \$9.95

Traditional Scandinavian sugar and dill cured salmon thinly sliced on rye bread with lettuce, dill, lemon & tangy dijon dill sauce. Served with cucumber salad and potato salad.

GARDEN BURGER | \$9.25

Stella's famous veggie burger. Homemade, healthy, and flavourful! Perfectly seasoned patty on a multigrain bun with tomato, alfalfa sprouts, crispy onions, peach chutney & a dollop of cilantro sauce.

CHICKEN BURGER | \$10.75

Tender marinated chicken breast, juicy tomatoes, lettuce, crispy onions & a dollop of cilantro sauce on a toasted multigrain bun.

FISH BURGER | \$9.75

Northern Pike, fresh parsley, green onion and dill form the perfect patty. Topped with remoulade, tomatoes, lettuce, crispy onions & dill pickles on a toasted multigrain bun.

PESTO TOMATO SANDWICH | \$8.75

Ripe tomato, havarti cheese, pesto sauce & mayo on toasted sourdough bread.

QUICHE OF THE DAY | \$8.75

Made with sautéed vegetables, cream & eggs. Served with buttered bread and soup or salad.

CURRIES & CHILIS *Served with sourdough garlic toast*

CHICKPEA CURRY | \$9.95

Stella's vegetarian curry made with all the right spices. Served over brown basmati rice with banana, raisins, coconut & peach chutney.

CHICKEN CURRY | \$10.95

Spiced chicken, coconut milk & fresh cilantro in a creamy curry sauce all served over basmati rice with fresh banana, raisins, sweet coconut & peach chutney.

SWEET PRAWN CURRY | \$13.75

Sautéed prawns, fresh pineapple, grapes & red pepper in a sweet and slightly spicy curry sauce. Served over basmati rice with Stella's peach chutney.

VEGETARIAN CHILI | \$9.95

Healthy vegetable and bean chili served over basmati rice with cheddar cheese & sour cream. Served with caesar salad or house salad.

GRASS-FED BEEF CHILI | \$10.95

Slowly simmered traditional chili made with local, pasture raised beef served over basmati rice with cheddar cheese & sour cream. Served with caesar salad or house salad.

TALL ORDERS

GRAVLAX - SCANDINAVIAN CURED SALMON | \$12.95

Thinly sliced salmon fillet cured in sugar, fresh dill, salt & fresh pepper. Served with dijon dill sauce, creamy potato salad, tangy cucumber salad & rye bread. A true Scandinavian delicacy!

VEGGIE LASAGNA | \$11.95

Mushrooms, zucchini, spinach, asiago, mozzarella, cottage cheese & roasted garlic marinara sauce. Served with garlic toast and house or caesar salad.

EGGPLANT PARMESAN | \$12.25

Parmesan battered eggplant grilled to golden topped with roasted garlic marinara. Served over linguine with sourdough garlic toast.

LINGUINE MARINARA | \$10.25 | With grilled chicken or sautéed shrimp \$13.95

Linguine tossed with Stella's roasted garlic marinara sauce and parmesan cheese. Served with sourdough garlic toast.

PESTO SHRIMP LINGUINE | \$13.95

Sautéed black tiger shrimp in an aromatic pesto cream sauce tossed with linguine. Served with Stella's artisan sourdough garlic toast.

GRASS-FED BEEF BURGER | \$11.95 | Add a fried egg 1.25 | Add sautéed mushrooms or havarti cheese 1.45

Premium burger patty made from local, pasture raised, ground beef. Served on focaccia with caramelized onion, lettuce, tomato, pickle & burger sauce. Served with hash browns and a side of coleslaw.

FISH TACOS | \$13.25

Three corn tortillas, lime-infused crisp basa fillets, guacamole, cilantro sauce & Stella's spicy cabbage slaw. Served with refried black beans and house salad.

DESSERTS

CLASSIC CHEESECAKE | \$5.95

Creamy vanilla cheesecake in a graham crust. Topped with raspberry sauce or Stella's jam.

PEAR & ALMOND TORTE | \$5.95

Traditional German treat made with almonds and pears in a simple butter based crust. Served with whipped cream.

KEY LIME PIE | \$5.95

The ideal combination of sweet and tart. Lime, cream & eggs set in a pastry shell. Topped with whipped cream.

APPLE MAPLE BREAD PUDDING | \$5.25

Tart apples, brown sugar caramel, raisins & maple syrup. A true classic! Served warm with ice cream or real whipped cream.

STELLA'S FAVOURITE CHOCOLATE TORTE | \$6.95

Flourless cake made with rich dark chocolate, butter, sugar & eggs. Topped with raspberry sauce & a dollop of whipped cream.

BEVERAGES

LOCAL BEER | \$4.55

Winnipeg's Own Half Pints, Fort Garry Dark, Fort Garry Pale, Alexander Keith's

IMPORTED BEERS | \$5.25

Stella Artois, Corona, Hoegaarden, Dos Equis Lager & Dos Equis Amber

HOT DRINKS

Coffee / Tea	\$2.45	London Fog	\$2.95
Café Americano	\$2.50	Café Mocha	
Cappuccino	\$2.75	<i>with whipped cream</i>	\$3.50
Café Latté	\$3.25	Hot Chocolate	\$2.95
Chai Latté	\$3.25		

RED OR WHITE HOUSE WINE

5 oz. glass \$5.95 Half litre \$11.99 Litre \$19.99

SPRITZER | \$5.95

The perfect summer drink. White wine (5 oz.) over ice with soda and a squeeze of fresh lemon.

COLD DRINKS

Brewed Iced Tea	\$1.95	Fruit Smoothie	\$4.45
Stella's Organic		Juice	
Lemonade	\$1.95	<i>orange, cranberry or apple</i>	\$2.95
Stella's Italian Sodas		Orangina	\$2.50
<i>all flavours</i>	\$2.50	Pellegrino	\$2.50
Iced Latte			
<i>vanilla, hazelnut or mocha</i>	\$3.25		